



# The Southport Snapshot

March 2025



## Last Month in Southport

Spring has sprung! Here are some highlights from the month of March in Southport:

- Members of the Southport team attended the Women Rising: A Ten Year Journey event on March 6<sup>th</sup> in honour of International Women’s Day. With over 50% of its workforce identifying as female, Southport stands in support of equality, empowerment, and the achievements of women everywhere.
- On March 19<sup>th</sup>, Dean Rennie, Southport’s Manager of Business Development, attended a Circular Economy Resources seminar, hosted by BizforClimate and Supply Chain Manitoba. The seminar explored strategies to enhance competitiveness, productivity, and supply chain resilience.
- The Southport staff formally located at the Gateway Building officially moved into the Peggy May Legacy Centre at 30 Centenaire Drive on March 19<sup>th</sup>! Stay tuned for details related to an Open House!
- Representatives from Southport attended the MBiz Breakfast series: 2025 Provincial Budget Review with Hon. Adrien Sala, Minister of Finance at the BBC Convention Centre on March 21<sup>st</sup>.
- Southport welcomed the team from Vanguard Creative to the community at the end of March to capture footage at Central Plains RecPlex and Barker Hotel & Suites, which will be used for marketing and promotional purposes. Special thank you to the volunteer actors who took part in the shoot!
- Southport proudly supported the Central Plains Cancer Services Radiothon, helping fund vital programs for those facing cancer. On March 21<sup>st</sup>, Southport matched all donations made during the 2 PM hour.
- Nicole Lamoureux and Melissa St. Goddard accepted promotions in March. Nicole accepted the position of Financial Controller and Melissa accepted the position of Finance Clerk. Congratulations to everyone!
- Southport is currently accepting applications for various positions. For details on these opportunities and application instructions, please visit [Southport.ca](https://southport.ca).



Stay informed through Southport’s social media accounts for tenant information, events, and community news.

## Commercial Space Available for Lease

### Gateway Building - 25 Centenaire Drive

Located at Southport’s commercial entrance, The Gateway Building offers a 4,091 sq. ft. office/retail space on a 29,192 sq. ft. lot. It features eight private offices, a boardroom, a lunchroom, and a flexible layout. With high-speed Wi-Fi, ample parking, and optional maintenance services, it’s a prime choice for businesses seeking visibility and convenience.

### Medical / Wellness Office Space - 75A Centenaire Drive

Looking to grow or launch your practice? This modern 1,862 sq. ft. clinic in Southport is available for lease!

Ideal for medical, wellness, or therapy professionals, it features a private entrance, three treatment rooms, a spacious reception, a staff room with laundry, and remodeled washrooms. Located in a growing business hub just minutes from Portage la Prairie. Flexible lease terms available!

For more information on either of these opportunities, call 204.428.6030.

Now available! Click here to access 3D virtual tours!

## Stay in the Loop at Southport!

Stay informed through Southport's social media accounts for tenant information, events, community news, and construction updates.

- @SouthportAirport
- @SouthportMB
- Southport.ca



### Southport RUNway 2025

**MARK YOUR CALENDARS!** The Southport RUNway 2025 is scheduled for Saturday, September 13<sup>th</sup>! Registration will be available soon - stay tuned for more details!

**NEW THIS YEAR!** The Southport RUNway will host a 1KM Kids Run this year! Anyone 10 years of age or younger can register for FREE!

### Easter Weekend Holiday Hours

**Southport Aerospace Centre:** On Friday, April 8<sup>th</sup>, all Southport staff will be away from the office for Good Friday.

**Central Plains RecPlex:** No closures – regular hours of operation.

**Southport Bowl:** No closures – regular hours of operation.

**Southport Golf Club:** Open from 9:00 AM - 7:00 PM on Sunday, April 20<sup>th</sup>.\*

\*Clubhouse will be open, driving range and golf course will be weather-dependent. Please watch our social media channels for updates!





# The Recreation Report

March 2025



## Central Plains RecPlex

### Lunch Hour Yoga at Central Plains RecPlex

Join Lynn Bereza for a lunch hour yoga session on Wednesdays. Lynn will guide you through a calming, rejuvenating yoga session designed to help you reset and recharge for the rest of your day.

Whether you're a yoga pro or giving it a try for the first time, this is a great chance to unwind, enhance flexibility, and add a little calm to your day.

Details:

- Time: 12:05 PM - 12:50 PM
- Cost: \$10.00 per class. Bring your own yoga mat!

### Annual Easter Egg Hunt

We have EGG-citing news!

The Central Plains RecPlex Easter Egg Hunt is happening on Sunday, April 20<sup>th</sup>—exclusively for fitness centre users!

From 7:00 AM to 7:00 PM, keep an eye out during your workout—hidden eggs throughout the facility could lead you to a prize! If you find an egg, bring it to the front desk to claim your prize.

Note: This is a fitness centre promotion for members and drop-in users\*. Eggs will be hidden in fitness areas only. \*One prize per person.



## Southport Bowl

### Toonie Tuesday at Southport Bowl

Spare some change and strike up some fun on Tuesdays! On Toonie Tuesday, bowlers can play a game for only \$2.00. The good times can keep on rolling with access to unlimited \$2.00 games all Tuesday long! \*Bowling shoes not included.

Visit our website to book your bowling lanes or call 204.428.6050.

### Youth Drop In Bowling

CALLING ALL THOSE 17 & UNDER! Starting February 15<sup>th</sup>, Southport Bowl will be offering Youth Drop In Bowling every Saturday morning from 10:00 AM – 12:00 PM. Youth 17 years of age & under can enjoy a fun, indoor activity for only \$10.00/person (shoes included). Youth Drop In Bowling will be available until the end of June. Call 204.428.6050 for more information.

## Southport Golf Club

### Grand Opening!

The Southport Golf Club 2025 season will officially kick off on Sunday, April 20<sup>th</sup>. The Clubhouse will be open; however, access to the course and driving range will be determined closer to the date as we wait to see how the weather cooperates. To celebrate the start of the 2025 season, the Clubhouse will be hosting an appreciation event from 11:00 AM – 2:00 PM where attendees can meet the staff, check out the clubhouse & enjoy a free hotdog lunch!

It's not too late to get your membership for the 2025 season! Visit [southportgolfclub.ca](http://southportgolfclub.ca) to purchase your membership online.


## Stay in the Swing of Things!

Stay informed through Southport Golf Club's social media account for facility updates, events, and promotions.

 204.428.6030  
 @SouthportGolfClub  
 @SouthportGolfMB  
 SouthportGolfClub.ca

## Stay on Track!

Stay informed through Central Plains RecPlex's social media accounts for facility updates, events, and promotions.

 204.428.6050  
 @CentralPlainsRecPlex  
 @CentralPlainsRecPlex

## Member of the Month

Congratulations to our March Member of the Month, Randi Berwick!



For the past six years, Central Plains RecPlex has been more than just a place to work out—it's been a second home. As Randi wraps up her bulk and enters her second cutting phase, she is pushing toward a sub-25-minute 5K while also exploring Muay Thai.

No matter the goal, fitness has been a driving force in her journey of self-improvement, proving that consistency and dedication make all the difference.

Keep striving, keep growing, and keep crushing those goals, congratulations Randi!

  
**CASHLESS EFFECTIVE MAY 1ST**

## Rec is Going Cashless!

Effective May 1<sup>st</sup>, Central Plains RecPlex, Southport Bowl, Brews + Bites along with Southport Golf Club will be CASHLESS!

Payments can be made using debit, credit, gift cards, or punch passes. Cash payments will no longer be accepted.