



# The Southport Snapshot

October 2025

## Last Month in Southport

As the vibrant days of fall give way to November's calm, Southport takes a moment to reflect on a rewarding October filled with activity and connection. Here are some of the highlights:

- **Southport Awards Employee Scholarship:** On October 3<sup>rd</sup>, Southport proudly awarded its annual Employee Scholarship to Sydney Kiefer-Starling, a full-time Electrical Applications student at the Manitoba Institute of Trade and Technology. The scholarship supports the educational goals of employees' children and reflects Southport's ongoing commitment to fostering future success through learning.
- **Five Bloom Award:** On October 4<sup>th</sup>, during the Manitoba Communities in Bloom Conference & Awards, Portage la Prairie and Southport received a special mention for their collaborative entry in this year's provincial competition and were awarded Five Blooms, the highest possible rating. The recognition was based on community appearance, environmental action, heritage conservation, tree management, landscape, plant, and floral displays. This achievement highlights the pride, collaboration, and innovation that continue to make our community stronger, greener, and more connected.
- **Southport Supports the CIBC Run for the Cure:** On Sunday, October 5<sup>th</sup>, a team of Southport employees and their loved ones participated in the Canadian Cancer Society's CIBC Run for the Cure, raising an impressive \$1,743 to support life-saving breast cancer research and programs. This annual event brings communities across Canada together in the fight against breast cancer, and Southport proudly took part to honour colleagues and loved ones who are bravely facing this disease.
- **Southport Supports the 11<sup>th</sup> Annual Brake for Breakfast:** Southport staff and community members donated 65 boxes of cereal, and with Southport matching the contribution, a total of 128 boxes were delivered by Southport team in support of this cause. Through this effort, Southport continues to champion community well-being and ensure that every child begins the day ready to learn and thrive.
- **Lights, Camera, ACTION:** The cameras are rolling in Southport as Vanguard Creative helps bring an exciting new project to life. Stay tuned—something impactful is coming soon!
- **Southport's First "Meet the Artist Night" Brings Creativity and Community Together:** On October 30<sup>th</sup>, Southport proudly hosted its first-ever art exhibition, Meet the Art Night, bringing together local artists and community members for an evening of creativity and connection. The event showcased an inspiring range of artwork in our Galary. Southport's first external art showcase, this event highlights Southport's commitment to supporting young talent, nurturing creativity, while raising awareness about mental health through the power of art.
- **Costumes, Candy, and a Little Bit of Spooky Fun:** Halloween was in full swing at Southport. Southport staff partied like monsters and enjoyed a first look at The Approach Golf Sim & Lounge.

Stay informed through Southport's social media accounts for tenant information, events, and community news.



## Stay in the Loop at Southport!

Stay informed through Southport's social media accounts for tenant information, events, community news, and construction updates.



## Manitoba First Nations Police Service (MFNPS) Graduation Held at Southport

On October 28<sup>th</sup>, MFNPS held a graduation ceremony at Southport, welcoming 21 new Constables to their force. The event brought together family, friends, and dignitaries to celebrate the achievements of recruits who completed six months of intensive training through Assiniboine College and MFNPS.

Southport CEO, Nathan Peto, had the honour of presenting a blanket to the Valedictorian, Cst. Joseph Gambler, a meaningful gesture to be carried forward in future ceremonies.

Southport is proud to host and support the MFNPS Training Centre on-site and values the ongoing partnership that strengthens both the Southport community and First Nation policing across Manitoba.



## The Recreation Report

October 2025



### The Approach Golf Sim & Lounge

**The Approach Golf Sim & Lounge is now OPEN!**

Experience golf like never before with Southport's all-new Golfzon NX Simulator, now available at Central Plains RecPlex. Whether you're perfecting your swing, playing a round with friends, or exploring world-class courses, The Approach brings year-round golf to you, no matter the weather.

Visit [CentralPlainsRecPlex.com](https://CentralPlainsRecPlex.com) to see rates, operating hours, and to book your session!

#### Grand Opening Celebration - You're Invited!

Celebrate the Grand Opening of The Approach Golf Sim & Lounge on Wednesday, November 19<sup>th</sup>, from 10:00 AM – 6:00 PM!

The community is invited to stop by, explore the Golfzon simulator, and enjoy a relaxed day of indoor golf and social fun. Refreshments will be available throughout the event.

### Central Plains RecPlex

#### Kids Climb Free - Call to Reserve your Spot!

Portage la Prairie School Division students have no classes on Friday, November 21<sup>st</sup>, perfect for a climbing adventure at Central Plains RecPlex! Kids can climb for FREE from 10:00 AM - 3:00 PM! Call 204.428.6050 to secure your spot.

\*Children 15 and under must be accompanied by an adult. Please arrive 10 minutes before your scheduled climb time for orientation. All participants must complete a waiver before climbing. To save time, waivers can be filled out in advance on [CentralPlainsRecPlex.com](https://CentralPlainsRecPlex.com).

#### Cyber Monday - Coming Monday, December 1<sup>st</sup>

On Cyber Monday, Punch Passes for our fitness centre will be 50% off, ONLINE ONLY! Pick up your pass during office hours and get ready to crush your fitness goals! Psst...Punch Passes make the perfect stocking stuffer! \*Online purchase only. Not valid for 24-hour gym access.

#### The Ultimate Stocking Stuffer - Starting Monday, December 1<sup>st</sup>

Give the gift of year-round fun and recreation with the Ultimate Recreation Gift Card! Gift cards are redeemable at The Approach Golf Sim & Lounge (Southport's new premier golf simulator), Southport Golf Club, Southport Bowl, and Central Plains RecPlex. Purchase in December and be entered to WIN a \$100 gift card! Available in person at Central Plains RecPlex.

#### New Menu Items at Brews + Bites

New flavours have arrived at Brew + Bites! Stop by to try the new breakfast wrap, deli sandwiches, and your favourite Nespresso coffee creations! Plus fresh sides like fries, onion rings, and chicken fingers!

### Southport Golf Club

#### Cheers to an Incredible 2025 Season

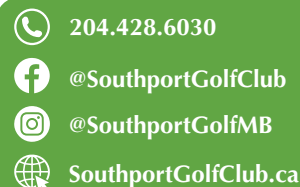
Southport Golf Club would like to extend a huge thank you to all the sponsors, guests, and members who supported the course, clubhouse, and driving range throughout this incredible season!

#### Get Ready to Swing into Savings - Monday, December 1<sup>st</sup>

Southport Golf Club's Early Bird Sale returns Monday, December 1<sup>st</sup>. Lock in your 2026 Adult Membership for just \$430 + tax and get ready for another unforgettable golf season!

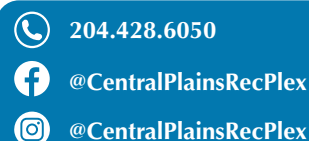
### Stay in the Swing of Things!

Stay informed through Southport Golf Club's social media account for facility updates, events, and promotions.



### Stay on Track!

Stay informed through Central Plains RecPlex's social media accounts for facility updates, events, and promotions.



### Member of the Month

Congratulations to our October Member of the Month, Erica Schroeder!



A Central Plains RecPlex member for the past 2 years, Erica joined with the goal of staying active and consistent with their fitness routine. What started as a way to maintain activity has become an essential part of their week, supporting both physical health and mental well-being.

Currently, Erica is focused on rehabbing their back and hip while maintaining strength and mobility. Their approach emphasizes smart, mindful movement, showing that progress is not always about lifting heavier or pushing harder, but about listening to your body. They are also working on a moderate cut to lean out and feel stronger overall.

For Erica, exercise truly is medicine. They have experienced firsthand how consistent movement and dedication can bring healing, confidence, and empowerment. Guided by the belief that fitness is about progress, not perfection, every workout, tough or easy, is a step forward.

Here is to showing up, staying active, and inspiring others along the way. Congratulations, Erica!