



## Southport Welcomes New Commercial Tenant: Roquette

Southport is pleased to announce the signing of our newest commercial tenant, Roquette. Roquette has more than 40 years of experience in plant protein research and production. Roquette is a global leader in plant-based ingredients and is a pioneer of new vegetal proteins to serve food, nutrition and health markets. They employ over 8,600 people in over 100 countries.

The recent demand for high quality pea protein, fiber and starch led the company to begin construction of the world's largest pea protein production plant in Portage la Prairie. The plant is expected to be operational by the end of 2020. This new plant will create 150 full-time jobs locally, and generate more than 300 jobs during construction.

While awaiting completion of their new plant, Roquette is leasing our 16,000sq ft. Flightline Building for office space and training. Their official move-in date is June 24, 2019.

The addition of Roquette as a commercial tenant at Southport adds diversity to our current list of commercial tenants that lease space on site. Our list of commercial tenants ranges from military training, manufacturing, education and now to include agriculture research and development.

The addition of Roquette as a tenant at Southport will bring 100 new people who will contribute to the Southport community.

Welcome Roquette!



**ROQUETTE**

*Offering the best of nature™*

## New Construction Projects Continue at Southport

In the month of May, multiple construction projects are continuing to take place in Southport. Renovations have begun in our Flightline Building to accommodate our newest tenant, Roquette. These renovations include installing electronic access, new ceiling tiles, flooring, paint and other upgraded fixtures.



Hangar 5, the new addition to Southport's flightline is well underway. The new hangar will have 13,600sq ft of space for lease, complete with a lounge. This hangar will also allow Southport to offer fixed base operation services, and is the most recent construction to take place at Southport's airport since 2005.



Construction on the newest duplex units in Centenaire South, our 42-lot development, is coming along quickly. These two units will be complete by this fall and offer quartz counter tops, attached garage, solid hardwood soft-close cabinets, composite deck and many other upscale finishes.



## Southport's Annual Community Yard Sale A Success

On Saturday, May 11, Southport held it's annual community yard sale from 8am - 11am. Many visitors from the Portage la Prairie region and beyond came to hunt for treasures amongst the yard sales of the 20 residential tenants who participated. Manager, Properties, Curtis Calvert and Assistant Manager, Properties, Dean Rennie, delivered coffee, tea and muffins to the tenants throughout the morning.



## Southport Sponsors Hole at Chamber of Commerce Golf Tournament

Southport sponsored a hole at the annual Chamber of Commerce Golf Tournament at the Portage Golf Club at the end of May. At the Southport hole, golfers played a quick game of bean bag toss before teeing off. Participants who got 3 points were entered to win a Stay and Play package. The draw took place during the dinner following the tournament.

## Tenant Feature: Long Plain Employment & Training

Southport is proud to be the temporary home of the Long Plain Employment & Training & Post Secondary's Office Manager/Medical Assistant Program. Long Plain First Nation has partnered with Assiniboine Community College (ACC) to offer these classes to over 25 students. The training is taking place in the Southport Building, next door to the ACC Licensed Practical Nursing Program, creating a campus feel for all ACC students studying at Southport. Long Plain First Nation is currently building permanent classrooms at their Keeshkeemaquah location and will utilize Southport's facilities until construction is complete. Welcome to Southport Long Plain First Nation, we hope you enjoy



## FAST FACT

Southport is an ideal location for training with comfortable classrooms, access to the state-of-the-art fitness facility, the Central Plains RecPlex, ample space to walk outside during breaks and student accommodations on site for students needing housing for short or long-term stays.

## New Saplings Planted in Southport's Interpretive Park

At the end of May, McKenzie's Portage Funeral Chapel came out to Southport and planted 120 young evergreens. Later this summer, each tree will be used in a dedication ceremony for a loved one that has passed. Southport is more than happy to provide a home for these trees to grow and be cherished.



## Southport Attends Portage la Prairie & District Chamber of Commerce Luncheon

On May 23, Southport Management attended the Portage la Prairie & District Chamber of Commerce luncheon, along with two members of Southport's Board of Directors, Roberta Christianson and Owen McKenzie. Mayor Irvine Ferris discussed developments currently taking place in the city including new restaurants coming to town. Deputy RM Reeve and Councillor, Garth Asham, spoke to the many recent joint efforts between the city and the RM, which includes the recent activity surrounding the Roquette pea processing facility construction, and the Simplot expansion.

## Southport Helps in the Fight for Life with STARS Radiothon

On May 8 and 9, all three Portage la Prairie radio stations, Mix 96.5, Country 93.1 and CFRY 920 AM, ran the Critical Care on the Air Radiothon in support of STARS, Manitoba's helicopter ambulance service. This fundraising event highlighted the life-saving work of STARS, including past patients and families joining the stations on-air to share their in-the-air experiences. Southport was a matching sponsor for the event. All donations collected during Southport's hour from 2-3pm on May 9 were matched up to \$1000. In total during Southport's hour, over \$4000 was raised, leading to a \$1000 donation by Southport. Overall, the radiothon raised more than \$106,000 for STARS.



## Southport Board of Directors Eat, Sip and Bid at Annual Fundraiser for Prairie Fusion Arts & Entertainment

On May 24, Southport's Board of Directors sponsored and attended the annual Eat, Sip & Bid Fundraiser for Prairie Fusion Arts & Entertainment at the William Glesby Centre in Portage la Prairie.



**Download the Southport App!**



## Southport Attends Annual Unmanned Systems Canada Student Competition

In May 2019, the annual Unmanned Systems Canada Unmanned Aerial Systems (UAS) Student Competition was held in Alma, Quebec. The competition takes place in two phases where students are faced with real life scenarios. Southport was a proud supporter of the first ever Manitoba team, University of Manitoba UMAUS, and sponsored \$1000 for the event and \$1000 for the team to purchase a specialty camera. Congratulations to the U of M UMAUS team on their Perseverance Award! We look forward to hosting this competition at Southport in 2020.

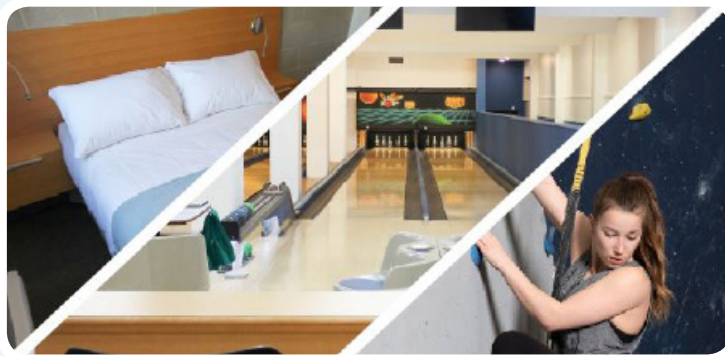


# Stay & Play in Southport

## Create your package:

- One night stay in a Barker Suites one bedroom suite (double occupancy)
- Choice of one activity:
  - 1) Bowling for an hour for 2
  - 2) Golf, one round of 9-holes for 2
  - 3) Wall Climbing for an hour for 2

**\$130** \*plus applicable taxes



[www.southport.ca/stayandplay](http://www.southport.ca/stayandplay)

## Upcoming Events

RRC Stevenson Campus & Southport to Host Aircraft Maintenance Engineer Day:

June 18

Local grade 8 students have been invited to visit the campus for the day to learn about the training and career options available locally.

Southport to Host Golf Tournament for the Community Foundation of Portage & District: June 20

This tournament is now full! Thank you to our sponsors and for those who registered to play. We look forward to seeing you on June 20th!

Southport to Host its Annual General Meeting:  
June 26

Southport Board of Directors & General Members will meet on site to review the past year, and discuss highlights of what is planned for the year ahead.

Southport Commercial Tenant Appreciation Evening:  
June 26

Southport's commercial tenants will attend a barbecue for an appreciation evening.

Southport Hangar Dinner for 10:  
June 27

The recipients of a prize donated by Southport for the Portage District General Hospital Foundation Gala, will enjoy drinks and dinner in the Red River College Stevenson Campus hangar.

## Connect with us!

### Our Office:

25 Centenaire Drive,  
Southport, MB R0H 1N1

### Hours of Operation:

Monday to Friday: 8:30 AM - 4:30 PM

 204.428.6030 or 1.800.558.4680

 [www.fb.me/southportairport](http://www.fb.me/southportairport)

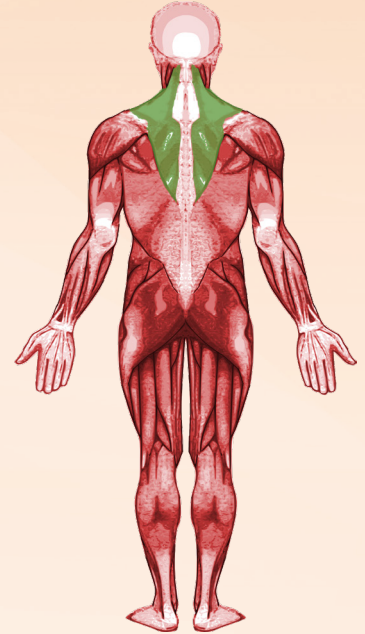
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 [www.southport.ca](http://www.southport.ca)

 [info@southport.ca](mailto:info@southport.ca)

## June Spotlight: Trapezius

The upcoming muscle of the month for June is the trapezius muscle. The trapezius muscle is a postural and active movement muscle. It extends from the occipital bone, the main bone at the back and lower part of the skull, to the lower thoracic vertebrae of the spine. The trapezius muscle is used to tilt and turn your head and neck, shrug, steady the shoulders and twist your arms. This muscle also elevates, depresses, rotates and retracts the scapula, or shoulder blade.



## Order Your Next Pizza From Brews + Bites!



Call to Order:  
204-428-6050

Monday - Saturday  
6:30am - 10pm  
Sunday  
9:00am - 10pm



## Members of the Month: Leila & Rob McVannel



Leila and Rob have two daughters who challenged them to a gym workout in April 2018. They were new to the gym and learning how to use the equipment. They have been coming to the RecPlex ever since and love the family bonding, laughter and memories that come with their workouts. This power couple now has goals to increase their balance, flexibility, strength and weight loss. They stress that you're never too old to try something new! Congratulations Leila & Rob!

If you have a nomination for a member of the month, please let us know by email, social media, or in person.



## RecPlex Food Drive

On your next visit to Southport, bring a non-perishable food item to the RecPlex to donate to the Salvation Army. Each time you bring in an item, you can enter our draw to win 2 lanes of bowling for an hour, and an hour rental of our multipurpose room, which is perfect for parties or group functions!

## Does Your Gym Bag Need Replacing?

Replace that old gym bag with a new RecPlex gym bag for only \$35.00. Ask the front desk staff for more details on your next visit.

## Game On! Southport's Ball Diamonds Are Open for the Season

Southport's ball diamonds are ready for the summer season! Call ahead to book a diamond today: 204.428.6050

### 2019 Adult Fees

8 hour day (full day)	\$90
4 hour day (half day)	\$50
Fee per hour	\$20

### 2019 Youth Fees

8 hour day (full day)	\$62.50
4 hour day (half day)	\$35
Fee per hour	\$10



## Connect with us!

### Our Location:

75 Centenaire Drive,  
Southport, MB ROH 1N1

### Hours of Operation:

Monday to Saturday: 5 AM - 10 PM  
Sunday: 9 AM - 8 PM



204.428.6050 or 1.800.558.4680



[www.fb.me/centralplainsrecplex](http://www.fb.me/centralplainsrecplex)



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[recreation@southport.ca](mailto:recreation@southport.ca)