

The Southport Snapshot

May 2023

Last Month in Southport

The month of May saw an increase in temperature and exciting news for recreation at Southport! The Southport Golf Club opened for the 2023 golf season and welcomed new specials, promotions, and even an Instagram account! At the end of May, Central Plains RecPlex opened their doors for 24-hour access for Whole Facility Members. Other happenings in May included:

- The newest edition of Reaching New Heights, Southport's sixth edition of their magazine, was published!
- Southport donated \$1,000 as a matching sponsor for the Manitoba Critical Care On The Air Radiothon for Stars Air Ambulance.
- The Teepee was erected once again at Four Winds Cultural Centre with the help of volunteers and members of the Southport team.
- Staff participated in a foreign object debris (FOD) walk around Southport to help beautify the community for tenants and visitors while minimizing the potential hazard that flying debris can pose to aircraft.



- Hometown pride was seen throughout the community as the 2023 Centennial Cup began! The Portage Terriers represented the community well, losing out in the semi-finals of the National Tournament.
- Facility maintenance projects continued with the residential renovations, repaving the entrance road to Southport Golf Club, widening the paved sidewalk along Centennaire Drive, and the installation of air conditioning units at Central Plains RecPlex. In addition, new generators were installed at all water pump stations on-site to be supportive during power outages.
- Southport attended and sponsored the Portage Chamber golf tournament. Following the 'Around the World' theme, Southport's tent was ready for the luau, testing the karaoke skills of all the golfers!

Stay informed through Southport's social media accounts for tenant information, events, and community news.

Boomer's Legacy Ruck March

Students from the 3 Canadian Forces Flight Training School marched 10KM with loaded rucksacks from Portage North Airfield to Southport on May 4th and 5th in part of their Boomer's Legacy Ruck March!



The march is not only a team-building exercise but also raises money for humanitarian assistance given to deployed Canadian Armed Forces members through a legacy foundation named after Corporal Andrew "Boomer" Eykelenboom, who was a dedicated soldier and CAF medic. The staff at Southport were proud to cheer on the students in the last leg of their march and to present a donation towards Boomer's Legacy.



Stay in the Loop at Southport!

Stay informed through Southport's social media accounts for tenant information, events, and community news.

Ð	@SouthportAirport
Ø	@SouthportMB
	Southport.ca

Upcoming Events & Highlights

AME (Aircraft Maintenance Engineer) Day Returns to Southport! - June 15th

Southport has partnered with RRC Polytechnic Stevenson Campus to hold AME Day! Local Grade 8 students will experience the life in a day of an AME while exploring career and education opportunities that are available in Southport.

Southport's Annual Community-Wide Yard Sale Returns - June 17th

Participating residents of Southport will be set up at their respective addresses from 8:00 AM -11:00 AM. A map with the registered addresses participating in the yard sale will be available on the Southport website and on social media soon!

Register Now for the Southport RUNway -August 26th

Explore the community on foot by registering for the 5KM or 10KM race. Both routes will take participants airside along the apron of Southport CYPG! All proceeds from the event support the CFPD!



The Recreation Report

May 2023

Central Plains RecPlex is Now Open 24/7!

Central Plains RecPlex is excited to now offer 24/7 access to the fitness centre for Whole Facility Members only! This announcement will significantly benefit the region, especially for those with varying academic/work schedules and commitments that make it difficult to access the fitness centre during regular hours.

Located 3km South of Portage la Prairie, this facility helps you have fun, and live an active lifestyle! To take advantage of the 24/7 access, current Whole Facility Members of the Central Plains RecPlex need to update their existing membership cards and sign a new waiver at the front desk. It is also important to note that 24/7 access does not include admission into the climbing wall area or gymnasium.

In following the 24/7 access, please note the new operating hours of the office/front desk are 7:00 AM - 10:00 PM, Monday through Saturday, and from 7:00 AM - 7:00 PM on Sunday

FORE! Southport Golf Club Joins Instagram

Southport Golf Club is now on Instagram! Follow @SouthportGolfMB on Instagram to stay informed about facility updates, events, and promotions! Scan the QR to follow them!



Upcoming Events & Highlights

Mixed League at Southport Golf Club - June 15th

Southport Golf Club, in partnership with Supplement King and Apex Aesthetics, is thrilled to host its first-ever Mixed Golf League on Thursday Evenings starting June 15th! Mixed Golf League will run until mid-October and is open to all levels of play – perfect for new and seasoned golfers alike. Plus enjoy weekly prizes from the esteemed Apex Aesthetics and Appy Hour Promotions inside the Clubhouse on Mixed League Nights. For more information and to register, email golfcourse@southport.ca

Junior Camp at Southport Golf Club - July 31st - August 4th

Southport Golf Club is excited to offer a Junior Camp this season! The camp will include, approximately 35 hours of golf instructions/etiquette from two PGA of Canada certified professionals, three rounds of golf, use of the Driving Range and Putting/Chipping Green, and more! The camp will be open to youth ages 13 – 17 that have their own clubs. For more information and to register, email: golfshouldbefun@gmail.com.

Southport

JUIVINEN DPEUMLJ Don't miss out on the summer deals at the clubhouse!

Stay in the Swing of Things!

Stay informed through Southport Golf Club's social media account for facility updates, events, and promotions.

- 204.428.6030
 @SouthportGolfClub
 @SouthportGolfMB
- SouthportGolfClub.ca

Stay on Track!

Stay informed through Central Plains RecPlex's social media accounts for facility updates, events, and promotions.

- **204.428.6050**
- 🚯 @CentralPlainsRecPlex
- @CentralPlainsRecPlex

Member of the Month

Congratulations to our May Member of the Month, Ria Zwiep - member since January!



Ria started her journey at Central Plains RecPlex after retirement when she desired to lose weight, improve her flexibility, and boost her endurance. Ria has been going to the gym daily from Monday to Friday with her fitness trainer, Isabelle Kingsbury, to reach her goal. Rotating four different fitness programs and gradually increasing weight, she's happy with her progress losing 22 lbs and striving towards her other goals!

Ria felt the transition of adding the gym to her daily routine was easy thanks to the facility's cleanliness, variety of equipment, and helpful staff and members who welcomed and assisted her with her fitness journey.

If you have a nomination for a Member of the Month, please let us know by email, social media, or in person.

> available daily from june to august Southport.ca