



Mark Your Calendar! The Manitoba Airshow Prepares for Takeoff on June 20 & 21, 2020!

2020 marks the return of the Manitoba Airshow! After the success of the 2018 Manitoba Airshow, Southport is excited to host this thrilling event once again. The 2020 event will feature two days of breathtaking performances by civilian and military performers, as well as plenty of ground-level entertainment including food trucks, kids activities and static displays where you can get up close and personal with some of the aircraft.

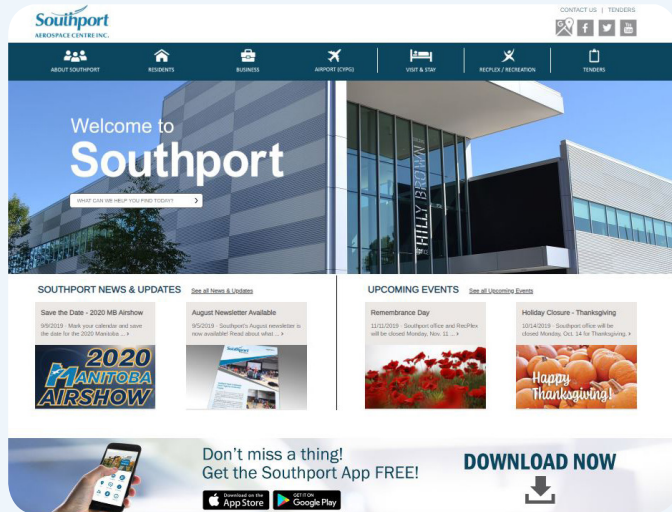
Tickets are set for release in December, just in time for Christmas, along with our full performer lineup. Follow the Manitoba Airshow on social media for updates on ticket sales and other event information. Ensure you save the date for June 20 and 21, 2020 when the Manitoba Airshow returns to the sky!



Southport Launches New, Modern Website

Southport is excited to announce that our new website is now live! The website officially launched on September 26. The website now has a sleek, modern, executive look, features a homepage search feature for easier site navigation and visitors can quickly access the booking portals for our accommodations and Hangar 5. Explore the new website now at:

www.southport.ca.

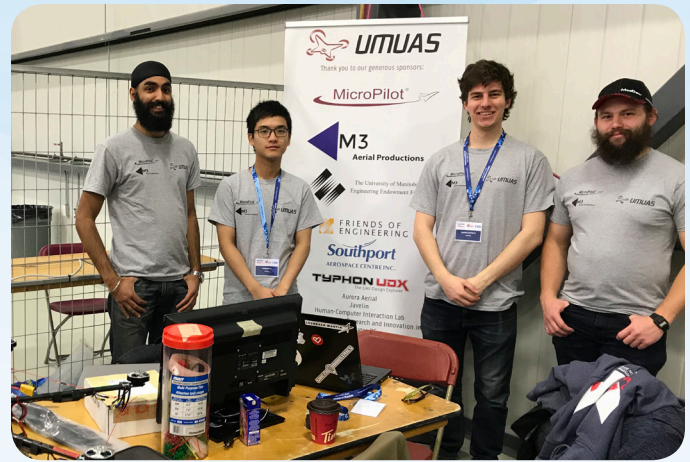


Southport Staff and Families Prepared for Takeoff at Annual KF Aerospace and 3CFFTS Family Day

On Saturday, September 14, KF Aerospace hosted their Annual Family Day for military staff, Southport staff and their families. On this day, Southport staff and their families had the opportunity to take to the sky in one of four airplanes or helicopters that are flown at Southport.

Southport Prepares for an Economic Impact Study of 2019 Operations

Southport will be conducting a third economic impact study this year. The tender has been awarded to InterVISTAS and we will see the results by the end of 2019. Southport encourages all commercial tenants to fill out the survey that has been provided to them to help us in this study.



Southport is Gearing up to Host 2020 Unmanned Systems Canada Annual Student UAS Competition

Southport is pleased to announce that we will be hosting the 2020 Unmanned Systems Canada Student UAS competition on May 1-3 at the Southport Airport! This annual competition is designed to promote and develop Canadian expertise and experience in unmanned systems technologies (drones) at the university and college levels.

At the competition, students are challenged with a real life scenario involving the environment, agriculture, mining, transportation or oil and gas sectors. Each team is considered a "company" that must make a pitch to the "customer," the competition judges, as to why their company should be selected to solve the problem.

In the 2020 competition, teams will focus on developing an Unmanned Aerial System (UAS) capable of delivering supplies to remote medical clinics.

For the past 10 years, the competition has been held in two alternating locations, Southport and Alma, Québec. Southport is proud to support and host this event.



Southport Attends Manitoba Aerospace Golf Tournament

On Thursday, September 12, Southport attended the Manitoba Aerospace Golf Tournament. The annual tournament is held as a fundraiser for the Manitoba Aerospace Student Endowment Fund. It was a day of networking, fresh air and fun, while helping raise funds to assist secondary and post-secondary students in achieving their career goals in the aerospace industry.



Southport Sponsors & Attends 13th Annual Portage la Prairie RCMP / Citizens on Patrol Program Golf Tournament

On Thursday, September 5, Southport attended the 13th Annual Portage la Prairie Citizens on Patrol Program (C.O.P.P.) / RCMP Golf Tournament. Southport sponsored a hole in the tournament where golfers participated in human bowling and entered to win a bowling package, in celebration of Southport Bowl reopening on September 7 after renovations were completed.

In total, C.O.P.P. and the RCMP raised \$8,500 from the tournament. All proceeds were donated to Recreation Opportunities for Kids (ROK) and Big Brothers Big Sisters Portage.



Southport Sponsors & Attends Annual Portage Terriers Golf Tournament

On Friday, September 6, Southport attended the Annual Portage Terriers Golf Tournament. The annual tournament is a fundraiser for the Portage Terriers hockey team. Southport sponsored a hole in the tournament where golfers were able to enter to win a prize of four Adirondack chairs.

Cast Your Vote! Information on Southport's Polling Station

In September, Manitobans voted in the provincial election. For those that visited Southport to cast their vote, the polling station was set up inside the Southport Building, located at 180 Centenaire Drive. Signs were posted outside of the building, and once inside the building, arrows led voters to the room where they were able to vote. For the federal election, the polling station will again be located inside the Southport Building.



Nutri-Pea Lease Signing

In September, Southport celebrated Nutri-Pea signing another year-long lease for our Warehouse Building, which they use for storage. We look forward to working with Nutri-Pea for another year.

Tenant Feature: Assiniboine Community College (ACC)

Assiniboine Community College operates a 2-year rotating Practical Nursing Program out of the Southport campus. The program uses an interactive blended learning and classroom environment, with simulated clinical settings using the latest lab equipment. The Practical Nursing Program provides students with an opportunity to make a difference in the health care profession. ACC uses the Southport Building as office, classroom and laboratory space. The students also use the Central Plains RecPlex when they need a break from studying and Mynarski House is the student accommodation building. This program is great for the local economy and produces nurses that will ideally stay and work in the Portage la Prairie region.



Southport Management and Board of Directors Gather for the 2019 Southport Strategic Planning Session

Southport Board of Directors and Management attended a 3-day strategic planning session facilitated by Reframe HR. The 3-day event featured collaboration and strategic thinking for the future of Southport. Guest speaker, InterVISTAS Economist, Mike Thretheway, presented to the group on the trends in general aviation, fixed based operations, cargo opportunities, aviation regulations and opportunities for Southport. As a result of the strategic planning session, a new vision statement will be revealed along with strategic objectives for the next five years.

3CFFTS Graduation Ceremony

Congratulations to the recent graduating class of 3 Canadian Forces Flying Training School! On September 20, the students' hard work and dedication was rewarded at the ceremony where students celebrated earning their wings.

Southport Attends United Way Central Plains Kickoff Luncheon

On Thursday, September 19, Southport staff attended the United Way Central Plains Kickoff Luncheon at the William Glesby Centre. The luncheon helped kickoff fundraising for the United Way's 2019 campaign. The campaign goal of \$225,000 was revealed. The new Executive Director for United Way Central Plains, Randi Kehler, stated that all proceeds from the campaign will go to supporting their agencies. Speakers in attendance included Lisa Shaw, guest speaker about mental health, MLA Ian Wishart and Mayor, Irvine Ferris.



Construction Continues for Southport's Hangar 5 and New Centenaire South Units

Two of Southport's current construction projects are nearing completion. The newest duplexes in our Centenaire South development now have siding and the backyard decks and fences are being installed. Construction has continued inside the units for painting, flooring and cabinet and fixture installation to take place. These units will be move-in ready on November 1, with only one unit remaining for lease.

The exterior of Hangar 5 is now complete. Insulation, flooring, electrical and other interior construction projects are taking place for the Hangar to officially open, with space for lease, on November 1.



Upcoming Events

Thanksgiving Hours October 14

The Southport office will be closed on Monday, October 14 for Thanksgiving. The RecPlex will be open from 9:00 AM - 7:00 PM.

Central Plains RecPlex Membership Discount Day October 17

The Central Plains RecPlex is holding a Membership Discount Day! On October 17, all new or renewed memberships will be 20% off! If you have thought about joining the RecPlex, or have a friend or family member you think would enjoy the RecPlex, encourage them to join on October 17.

Central Plains RecPlex

204.428.6050
www.centralplainsrecplex.com

20% OFF!

Membership Discount Day

October 17

Connect with us!

Our Office:

25 Centenaire Drive,
Southport, MB R0H 1N1

Hours of Operation:

Monday to Friday: 8:30 AM - 4:30 PM

 204.428.6030 or 1.800.558.4680

 @southportairport

 @SouthportMB

 www.southport.ca

 info@southport.ca

September Spotlight: Sartorius Muscle

The upcoming muscle of the month for October is the sartorius muscle. This muscle is also known as the honeymoon muscle or the tailor's muscle. It is a long, superficial muscle that runs down the length of the thigh in the anterior compartment. It is the longest muscle in the human body. The sartorius muscle can move the hip joint and knee joint, but all of its actions are weak. At the hip, it can flex, weakly abduct, and laterally rotate the thigh. At the knee, it can flex the leg.



Purchase Your Gym Gear at the RecPlex!

The RecPlex carries White Lion Athletics mini resistance bands. The 5-pack includes instructions and 5 progressive levels of resistance bands all in a carrying pouch for \$20.

Replace that old gym bag with a new RecPlex gym bag for only \$35.00. Ask the front desk staff for more details on your next visit.



Member of the Month: Diane Thiessen

Diane has been an active member at the RecPlex for two years as of this November. She's always had a passion for health and wellness. One and a half years ago, Diane started getting serious about her fitness goals, including dedicating her lunch hour to building muscle and staying active. She hasn't looked back since! Congratulations Diane!

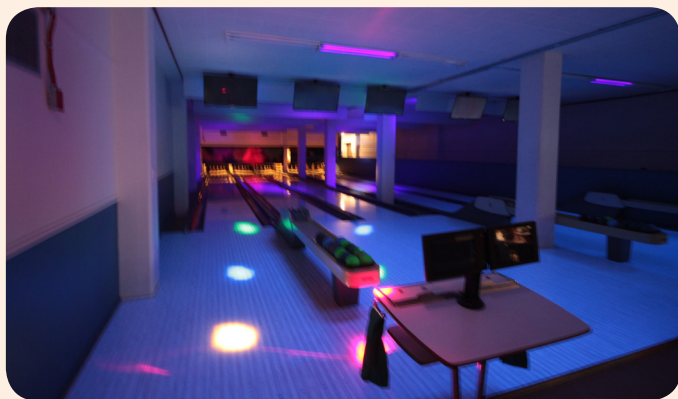
If you have a nomination for a member of the month, please let us know by email, social media, or in person.

Southport Bowl Reopens with Upgrades!

Southport Bowl reopened on September 7 after being closed for renovations. The new upgrades to the facility include new lanes that glow for glow bowling, new pinsetters and lane bumpers to help you avoid gutter balls, and make bowling fun for all ages and abilities.

To celebrate the reopening, Southport and the Central Plains RecPlex held a Strike Out and Win contest. The first 30 customers who bowled a strike were able to pick a bowling pin from a prize wall. Each pin contained a coupon that can be redeemed at Southport Bowl.

There was also an Ultimate Southport Bowl Prize Pack giveaway at the end of the month. People were entered to win the prize pack when they came to bowl in the month of September. Those who were unable to come bowling in September were able to enter the contest online by 'tagging' who they would like to bring bowling on social media posts. Congratulations to the Ultimate Prize Pack winner, Laura Beauprie!



REACH NEW HEIGHTS AT THE RECPLX

CLIMBING NIGHT

EVERY TUESDAY NIGHT

7:00 - 8:00 PM

EVERYONE WELCOME!



DROP-IN YOUTH \$5.00

DROP-IN ADULTS \$10.00

DROP-IN FAMILY (5) \$15.00

FREE FOR RECPLX MEMBERS

Connect with us!

Our Location:

75 Centenaire Drive,
Southport, MB ROH 1N1

Hours of Operation:

Monday to Saturday: 5 AM - 10 PM
Sunday: 9 AM - 8 PM



204.428.6050



@centralplainsrecplex



@centralplainsrecplex



www.centralplainsrecplex.com



recreation@southport.ca