



Historical Aircraft to be Kept at Southport

Southport recently received a historical plane from the Royal Aviation Museum of Western Canada. The plane will be temporarily stored at Southport until the museum relocates to its new building.

The Bellanca Aircruiser (pictured below) was used for the Eldorado Radium Silver Express air service route from 1935-1947. The route was created to transport radium concentrates from a mine in Port Radium, N.W.T. to Edmonton, Alta. as well as Port Hope, Ont. where the radium refinery was located. The Royal Aviation Museum of Western Canada recovered the plane from its crash site and is in the process of restoring the aircraft.



Southport Bowl is Open for Business

On October 4, Southport Bowl at the Central Plains RecPlex officially re-opened! At the Grand Reopening event, guests enjoyed free bowling, games, giveaways and more. Southport Bowl is now open to the public and is also available for leagues, group rentals and private events.

Southport Bowl was closed for renovations earlier this summer when Southport assumed the operations. Upgrades done include the addition of digital scoring, a new accessible entrance, glow bowling capabilities and a modern new look.

Party Time at Southport Bowl!

Use our multipurpose room to host your next wind-up, party or group outing at Southport Bowl.



Southport Welcomes New Recreation Manager

Southport would like to extend a warm welcome to Shasta St. Louis as the new Manager, Recreation at the Central Plains RecPlex. Shasta has lots of experience with management and is excited to bring new ideas to the job. She is also very passionate about maintaining an active lifestyle, sports and recreation, including softball.

Welcome to the team, Shasta!

General Members Evening

On October 24, Southport hosted our annual general members evening, which is an opportunity to hear about what's going on at Southport. As a not-for-profit organization, general members are an important part of our operation and governance.



Fast Fact

Southport currently has a general membership of 72 representatives from the community.

Alzheimer Society Coffee Break

On October 31, Southport hosted a fundraiser for the Alzheimer Society. The Coffee Break and Bowl took place at the Central Plains RecPlex, with participants bowling by donation. The event raised over \$200 for the Alzheimer Society. Staying active is considered an important factor for maintaining a healthy brain. Bowling is a great form of light exercise!



Facilities Update

The Southport Facilities team has been preparing the Southport site for winter with site clean up and landscaping for the greenspaces and building exteriors.

Another project the maintenance team has been working on is installing new siding on some of the residential units and well as installing fencing. Two additional residential units were renovated in October as part of the residential upgrade program.

3CFFTS Graduation Ceremony

Congratulations to the October 2018 class of 3CFFTS. On October 26, students from classes ME 1805 and RW 1803 graduated. Completing this program takes hard work and dedication. Congratulations!

Tenant Feature: Red River College - Stevenson Campus Southport

Southport is home to the RRC - Stevenson Campus since 1993. Their Aviation Apprentice Aircraft Maintenance Journeyman Program is the only Transport Canada Approved Aircraft Maintenance Engineer apprentice-model training program in Canada. Students graduate from the program ready to receive their "M" license.

The RRC - Stevenson Campus offers excellent amenities for its students. Their learning and work take place at Southport in Hangar 4. While studying aircraft maintenance, RRC Stevenson students take advantage of the infrastructure provided by Southport including staying at Mynarski House, eating at Voyageur Place food services, and recreational facilities.

If you have an interest in aviation and the desire to be a part of this exciting field, please visit the RRC - Stevenson Aviation [website](#).



RED RIVER COLLEGE

STEVENSON AVIATION
AND AEROSPACE



Air Cadets Career Symposium

On October 13, Southport attended the inaugural Air Cadets Career Symposium. The event was a great opportunity for youth Air Cadets to explore what kind of careers in aviation are available to them.

There were approximately 300 Air Cadets attending the event and they had the opportunity to talk to several dozen companies in the aviation and aerospace industries as well as educational institutions.

Manitoba has a large aviation and aerospace presence, as over 40 aerospace firms are headquartered or have major operations centres here. The sector is expected to grow and face a shortage of skilled workers according to a study conducted by the Canadian Council for Aviation and Aerospace. They project the need to hire 55,000 new workers by 2025 to keep pace with projected industry growth in aviation and aerospace related careers. For the 200 licensed pilots the Air Cadets program currently produces each year, this is a fantastic opportunity to be a part of a growing sector of business.

Source: Canadian Council for Aviation & Aerospace 2018
Labour Market Information Report for Aviation & Aerospace



Community Futures Grant

Southport received a Creating Community Growth Grant from Community Futures White Horse Plains to assist with the installation of air circulation fans in the Central Plains RecPlex gymnasium.



Storage Units Available

Southport has 20 and 40 foot storage units available for lease. Nightly on-site security and 24/7 access makes storing your items safe and easy.



Lunch and Learn

Some of Southport's staff attended the Portage Chamber Lunch and Learn session for Working Women's Health. Central Plains Cancer Services presented on ways to detect cancer and provided healthy living tips.

Wheels Up Gala

On October 20, Southport sponsored and attended the Wheels Up Gala in support of the Royal Aviation Museum of Western Canada. This was the last gala held in the current location, as the museum is moving to their new location which is scheduled to open in 2020.

PDGH Foundation Gala

On October 19, Southport sponsored and attended the Portage and District Hospital Foundation Gala. Southport partnered with Red River College to donate a dinner for 10 in Hangar 4 at Southport to the event's auction. The donation raised \$1,600 for the PDGH Foundation.

Manitoba Chamber of Commerce Awards Dinner

On October 26, Southport attended and sponsored the Manitoba Chamber of Commerce Awards Dinner. Southport is proud to be a part of the Manitoba business community and extends a heartfelt congratulations to the businesses who received awards.

Connect with us!

Our Office:

25 Centenaire Drive,
Southport, MB R0H 1N1

Hours of Operation:

Monday to Friday: 8:30 AM - 4:30 PM

 204.428.6030 or 1.800.558.4680

 www.fb.me/southportairport

 www.twitter.com/southportmb

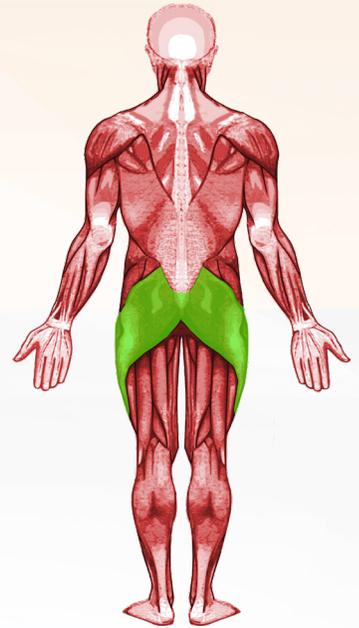
 www.southport.ca

 info@southport.ca

November Spotlight: Gluteal Muscles

The upcoming muscle of the month for November is the Gluteal Muscle Group. This muscle group is made up of the gluteus maximus, gluteus medius and gluteus minimus. These muscles work together to perform the extension, abduction, external rotation and internal rotation of the hip joint.

More information about the muscle of the month and exercises can be found on our website or on the posters in the workout area.



Upcoming Event: Roller Derby

On November 17, the Plap City Rollers will be hosting the 2nd Annual Susan Kushniruk Memorial Scrimmage at the Central Plains RecPlex. Beginners, adults and juniors are welcome to participate. Registration is \$25.

Registration ends November 15, 2018. Please contact the Plap City Rollers directly to register.

plapcityrd@gmail.com www.plapcityrollers.ca



Member of the Month: Margaret Lutz

Margaret has been a member for about 15 years and focuses on staying active to stay in good healthy. She enjoys working on her strength and general fitness at the Central Plains RecPlex. Congratulations, Margaret!

If you have a nomination for a member of the month, please let us know by email, social media, or in person.

New Food Kiosk Operator

We are thrilled to announce that the Portage Terriers will be operating the food kiosks in the Central Plains RecPlex and Southport Bowl. Champs Corner 2 will offer food and beverages for all users of the RecPlex and the Southport community. Their menu has fun snacks, light meals and a variety of beverages. Catering is available for all private events, group rentals and leagues in the RecPlex. Try Champs Corner 2 for your special events or meetings in the community. Please give 48 hours notice for catering orders.



Hours of Operation

Monday - Friday: 8:00 am - 1:00 pm
5:00 pm - 9:30 pm
Saturday: 1:00 pm - 9:30 pm
Sunday: 12:00 pm - 5:00 pm

SOUTHPORT BOWL

FIVE-PIN BOWLING
GLOW BOWLING
ELECTRONIC SCORING
BIRTHDAY PARTIES
GROUP RENTALS
LEAGUE BOWLING
FOOD SERVICE
LICENSED

Located in:
Central Plains RecPlex

204.428.6050 **www.centralplainsrecplex.com**

Connect with us!

Our Location:

75 Centenaire Drive,
Southport, MB ROH 1N1

Hours of Operation:

Monday to Friday: 5 AM - 10 PM
Saturday: 7 AM - 7 PM
Sunday: 9 AM - 7 PM

 204.428.6050 or 1.800.558.4680

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